

Inspirational Quotes & Saying

This is a bank of inspirational quotes and sayings relating to sport and life. I think it is important that as coaches, we strive to not only develop these youth on the ice, but also educate and groom them off the ice. Motivations paired with inspiration are excellent tools to bring out excellence in all of us. Utilizing these quotes and ensuring players understand the meanings will create lasting impressions.

Should you have quote you wish to add to this bank, please send an email to coachcoordinator@ndhockey.com.

-Faisal Vallani

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"Teamwork is the fuel that allows common people to attain uncommon results." – *Unknown*

"Champions Walk Together Forever." – *Unknown*

"It is hard to beat a person who never gives up" – *Babe Ruth*

"Pain is temporary, quitting lasts forever." – *Lance Armstrong*

"In order to succeed, your desire for success should be greater than your fear of failure." – *Bill Cosby*

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." - *John Quincy Adams*

"Some people skate to the puck. I skate to where the puck is going to be." - *Wayne Gretzky*

"Adversity causes some men to break, and others to break records." – *Unknown*

"Sometimes it is important to discover what one cannot do than what one can do." – *Lin Yutang*

"Face your deficiencies and acknowledge them. But do not let them master you." - *Hellen Keller*

"Nobody can prevent you from choosing to be exceptional." – *Mark Sanborn*

"We didn't lose the game, we just ran out of time." – *Vince Lombardi*

"All that we are is the result of what we have thought." - *Buddha*

"When you get to the end of your rope, tie a knot and hang on." – *Franklin D. Roosevelt*

"Difficulties in life are intended to make us better, not bitter." – *Dan Reeves*

"Happiness, I have discovered, is nearly always a rebound from hard work." – *David Grayson*

"Courage is resistance to fear, mastery of fear- not absence of fear." – *Unknown*

"If you do not hope, you will not find what is beyond your hopes." - *St. Clement of Alexandria*

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit." - *Aristotle*

“Do not follow where the path may lead. Go instead where there is no path and leave a trail.”

- Harold R. McAlindon

“He who has never learned to obey cannot be a good commander.” - *Aristotle*

“What lies behind us and what lies before us are tiny matters compared to what lies within us.”

- Ralph Waldo Emerson

“Fall seven times, stand up eight!” – *Japanese Proverb*

“Patience, persistence and perspiration make an unbeatable combination for success.” – *Napoleon Hill*

“Less me, more we.” – *Unknown*

“You become successful by helping others become successful.” – *Unknown*

“Success doesn’t come to you, you go to it.” – *Marva Collins*

